



## The Role of Leadership in Creating a Culture of Patient and Family-Centered Care



### Leadership Self Reflection Questions

Reflecting on the last 30 days...

1. Are you satisfied with the proportion of listening to talking you've done?
2. Are you satisfied with the proportion of problem solving to problem lamenting you've been engaged in?
3. Are you satisfied with how authentic you feel you've been?
4. Are you satisfied with the frequency with which you've actively solicited viewpoints and ideas from others on the team?
5. Are you satisfied with how much time you've spent with patients and families to consider ways to improve the practice?
6. Are you satisfied with how often you've felt that your work has purpose?
7. Are you satisfied with how often you've impressed on others on the team that their work has purpose?
8. Are you satisfied with how consistently you have "put patients first?"
9. Are you satisfied with how often you've been a good team member?
10. Are you satisfied with the amount of time you've dedicated to coaching staff to enable their growth and development?
11. Are you satisfied with the frequency with which you have actively addressed a potential problem at work when your instinct was to avoid it?
12. Are you satisfied with the frequency with which you've taken a healthy risk or dared to try something new?



**Tally your Yes's:**

**0-4:** Leaders are not created in a leadership academy or on a webinar. They're created out of the experience of leading. It's time to get out there, take some risks, be willing to be vulnerable – and lead.

**5-8:** You are on the right path. Give yourself credit for the areas where you've placed some focus over the past 30 days. Based on your responses, be aware of where they may be disconnects between your leadership intentions and your day-to-day behaviors and attitudes. Reflect on the reasons behind those disconnects.

**9-12:** You exhibit leadership in action. Keep at it! But make a point of repeating this exercise at regular intervals to remain attuned to how your leadership practices and approaches bend based on current activities and the state of the environment you're in.